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## RISK MITIGATION SUMMARY

No face-to-face appointments will be considered if:

- You have COVID 19 symptoms
- You are awaiting COVID 19 results or have had a positive test in last 7 days.
- You or a close/household contact has had a positive test result in last 7.

In other circumstances the following will considered:

- Vaccination Status: partial/ fully/no (This will affect time of appointment and mask type)
- Will there be prolonged face-to-face contact < 2metres from person?
- Will the interaction occur in a well-ventilated space?
- Is the person and any others with them in the room able to wear a medical mask?
- Is there widespread community transmission in your region/area at this time?
- What is the COVID level: red/orange/green?
- Does the person require an aerosol generating procedure?

Depending on stage of COVID level if we are unable to employ enough mitigation factors, we will unfortunately be unable to offer a Face-to-Face appointment at the current time, due to our health & safety requirements around mitigating risk for you and our other patients. We are however able to offer video Telehealth session to assess the situation better and discuss options from there.

**OUTCOME:** Date: Reasoning (Physio):

- Is there any risk identified:
- Are there adequate risk mitigation steps that can be taken to make face - to - face possible:
- Is Telehealth appropriate: Yes / No/ Patient refused video call.

If answer is NO to all, then we would offer the other physio practices in Richmond eg. Hemisphere Health and Habitat health who have a variety of physios and rooms available who might be able to accommodate you. If you are unable to get an appointment with a Physiotherapist, we would recommend that you contact your GP for a medical review. We apologise for any inconvenience caused by this process, but we hope that you will appreciate we are doing our very best to meet our need to keep you, our other patients and our community safe.



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### **References:**

[About COVID-19 symptoms and spread | Ministry of Health NZ](#)

[COVID-19: Infection prevention and control recommendations for health and disability care workers | Ministry of Health NZ](#)

<https://www.physioboard.org.nz/standards/physiotherapy-standards/telehealth-standard>

<https://www.physioboard.org.nz/resources/covid-19/protection-framework-order-faqs-dec-9>

[COVID-19: Use of face masks in the community | Ministry of Health NZ](#)

[Infection prevention and control | Ministry of Health NZ](#)

[COVID-19-Protection-Framework-traffic-lights-table.pdf \(covid19.govt.nz\)](#)