



A Physio for the whole family

2 Squire Way Richmond • 0212586762 • natalie@aorakiphysio.nz

PRICELIST

Effective from 5 January 2024

PHYSIOTHERAPY

Service	Duration	Cost	Discounted Rate
ACC Initial Incl Birthing injuries	60 mins	\$60.00	\$55.00
ACC Follow Up Including Birthing injuries	30 mins	\$38.00	\$35.00
Private/Insured Initial	60 mins	\$125.00	\$110.00
Private/Insured Follow Up	30 mins	\$65.00	\$60.00
Private Pelvic Floor Initial	60 mins	\$150.00	\$135.00
Private Pelvic Floor Follow-Up	30 mins	\$70.00	\$63.00
Home Visits (Limited availability)	-	\$125/hour incl. travel	-

PILATES

Pilates Assessment	60 mins	\$125.00	-
Group classes (Pre-paid, term booking)	60 mins	\$18/class	-
Group classes Casual rate (if space available)	60 mins	\$25/class	-

SPORTS MASSAGE (includes dry needles)

1 x 1 hour	60 mins	\$125.00	-
1 x 30 mins	30 mins	\$65.00	-

THANK YOU FOR SUPPORTING OUR BUSINESS

**Discount applies to CCC, Gold card, grey power and other groups we have made prior arrangements with.*

Book online www.aorakiphysio.nz